

# **Lumen League Curriculum Preview**

## **Brightening the World — Sustainably**

A sneak peek into the world of eco-heroes and creativity.

# **Welcome to the Lumen League!**

The Lumen League inspires the next generation of eco-heroes through interactive lessons, storytelling, and hands-on activities. This preview gives you a glimpse of how we combine sustainability, creativity, and heroism into powerful learning experiences.

# Hero Realms Overview

The Lumen League is a team of light-based defenders, each chosen by the ancient force of Lumen — the source of creativity and courage. Together, they protect the world with their unique powers while inspiring kids to be everyday heroes.

## ■ Tech Realm — Volt Jr.

A genius with gadgets and electric energy! Volt Jr. harnesses the power of lightning and technology to outsmart villains and keep the team connected.

**Skill focus:** Problem-solving, innovation, teamwork.

## ■ Nature Realm — Stormy

With the power of storms and nature, Stormy brings balance to the environment. Gentle as a breeze, fierce as a thunderclap!

**Skill focus:** Environmental care, responsibility, resilience.

## ■ Energy Realm — Rocket Blaze

Fueled by fiery energy, Rocket Blaze blasts into action with unstoppable determination. Always ready to spark change!

**Skill focus:** Creativity, persistence, leadership.

## ■ Spirit Realm — Heart Spark

The emotional core of the team, Heart Spark shines with empathy and kindness. Their spirit light helps unite heroes and heal hearts.

**Skill focus:** Empathy, emotional intelligence, compassion.

## ■■ Air Realm — Star Silk

Swift and graceful, Star Silk rides the wind like a ribbon of light. She shows how flexibility and calm can overcome chaos.

**Skill focus:** Adaptability, mindfulness, balance.

## ■ Sound Realm — Zip Zap

Energetic and rhythmic, Zip Zap uses sonic waves to energize teammates and confuse villains. Wherever there's rhythm, there's power!

**Skill focus:** Communication, creativity through music, expression.

# Sample Lesson Snippets (Preview)

Here are mini-missions from each realm that give a taste of the full Lumen League curriculum. These short activities can be tried at home or in the classroom.

## ■ Volt Jr. — Tech Realm

Mission: **Power Detective**

Look around your home or classroom and make a list of 5 things that use electricity. Mark which ones are used every day and think of one way to save power.

## ■ Stormy — Nature Realm

Mission: **Seed Starter Challenge**

Plant a seed in a recycled container (like a yogurt cup or paper cup). Track how it grows over a week and give it a superhero name.

## ■ Rocket Blaze — Energy Realm

Mission: **Design Your Emblem**

Draw a personal hero emblem that represents your strongest power — creativity, bravery, or kindness. Share it with your team.

## ■ Heart Spark — Spirit Realm

Mission: **Hero Gratitude Note**

Write or draw a thank-you note for someone who has helped you this week. Deliver it and watch their smile light up!

## ■■ Star Silk — Air Realm

Mission: **Calm Breath Training**

Practice taking 5 deep breaths, pretending you're riding the wind. Notice how it makes you feel calm and focused.

## ■ Zip Zap — Sound Realm

Mission: **Rhythm Hero**

Clap or tap out a rhythm. Teach it to a friend or classmate and create a hero team cheer together.

## **Note for Parents & Teachers**

The Lumen League curriculum is designed to nurture creativity, empathy, and environmental stewardship. This preview shows just a glimpse of the fun, hands-on hero missions included in the full program. To unlock all realms, story arcs, and activities, join the full Lumen League experience.

# Join the Lumen League!

Every hero starts with a spark. Download the full curriculum and bring the light of creativity and sustainability to your classroom or home.

■ **Powered by heroes. Protected by nature.**